

Your Windows Computer - Once Per Week To Do List:

If we have worked on your computer recently, we have downloaded and installed some new applications on your computer. Please **do not** uninstall the following programs:

CCleaner

Malwarebytes'

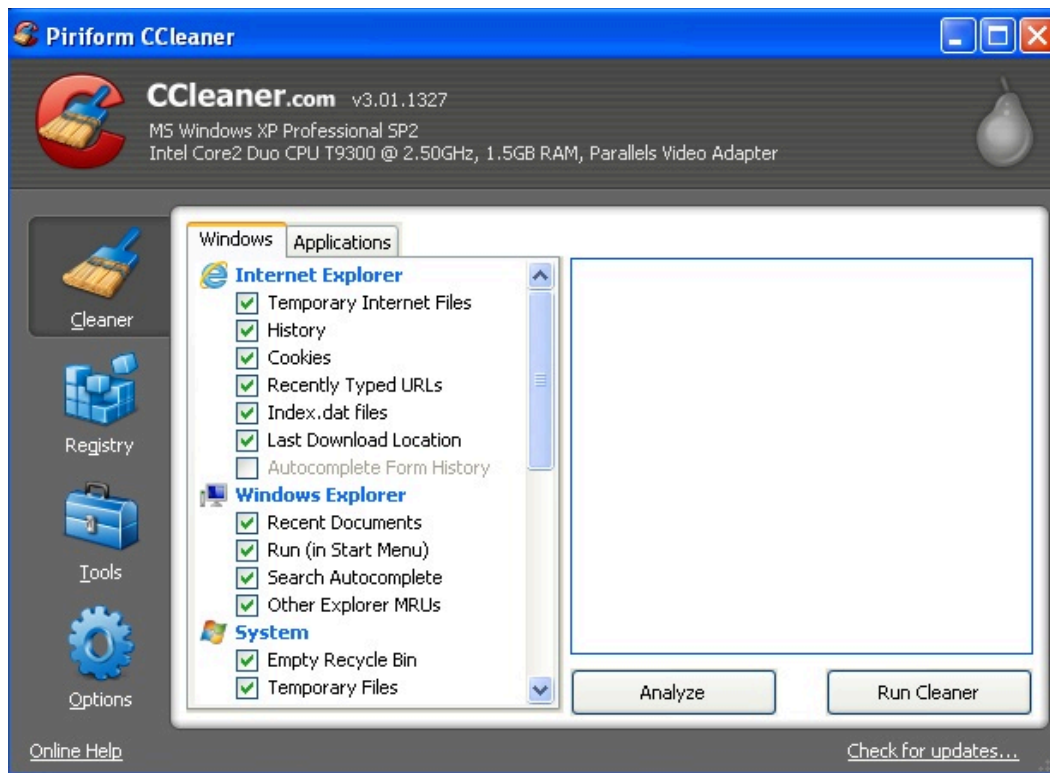
Microsoft Security Essentials (*has a daily schedule set to run at 2:00AM*)

Spybot Search & Destroy

Mozilla Firefox

Google Chrome

Once per week, run **CCleaner** by clicking the icon on your desktop,
When the application opens, you will see Cleaner, Registry, Tools, Options listed vertically in the sidebar:

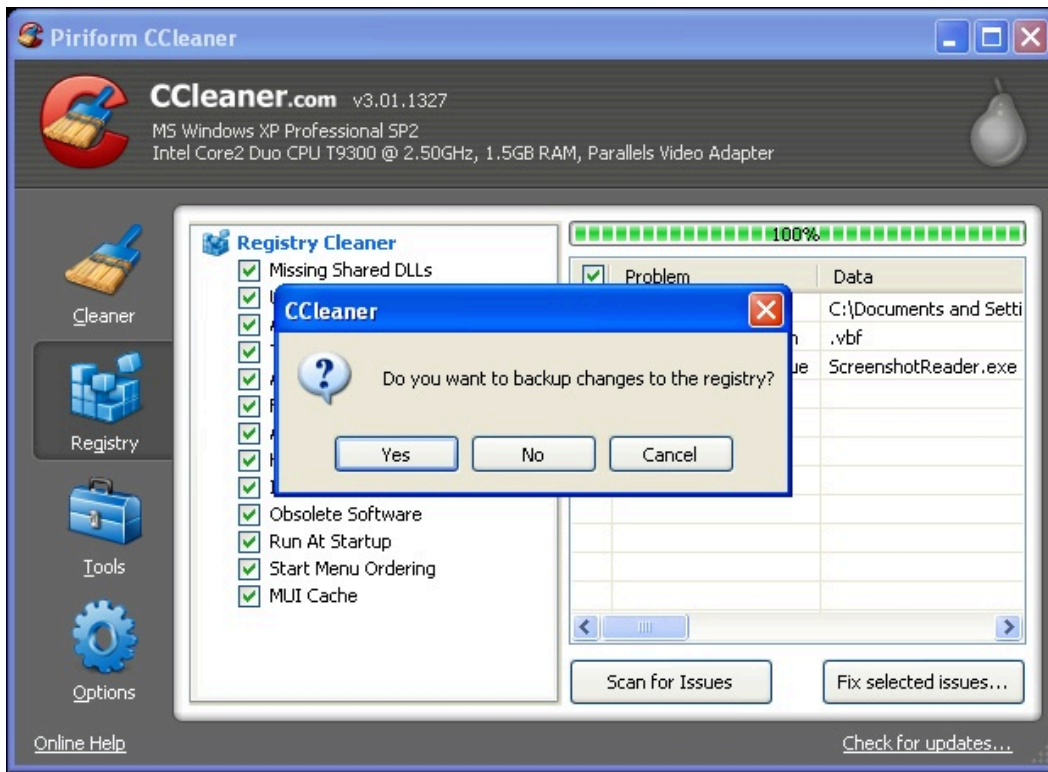


By default, **Cleaner** what window opens with the program.

This cleans temporary files including Internet cache, cookies and Internet history that can slow your system down.

Click **Run Cleaner** until there are 0 MB of items left to clean.

Next click "**Registry**" click "**Scan for Issues**"



Once this process has finished, you will select "**Fix selected issues...**"
A Window will pop up that will ask: "**Do you want to back up changes to the registry?**" Select "**No**"
a new window will pop up that will have the option to "**Fix All Selected Issues**" click that.

Then click "**Close**" when you see "**Issue Fixed**"

Open **Malwarebytes'**

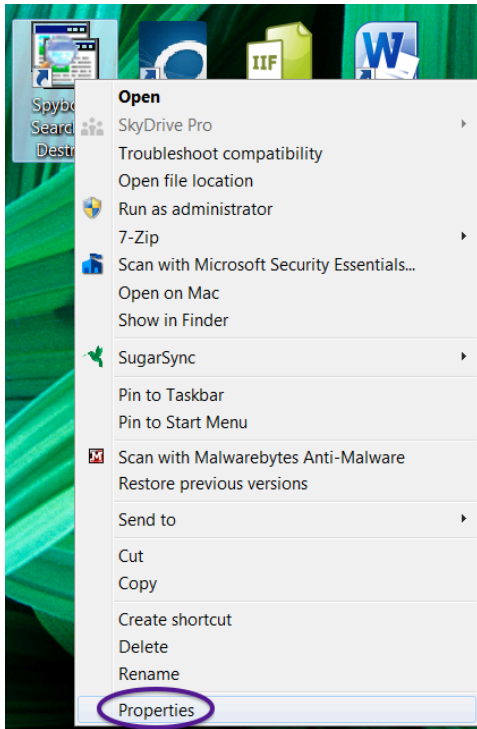
Go to the **Quarantine** tab to see if there are any items, **Delete** all.

Next **Perform a full scan** or **Perform a quick scan**. If your system is running slow or acting quirky, we recommend the **Perform a full scan** option. This will run in the background and you can do whatever you like while it is running.

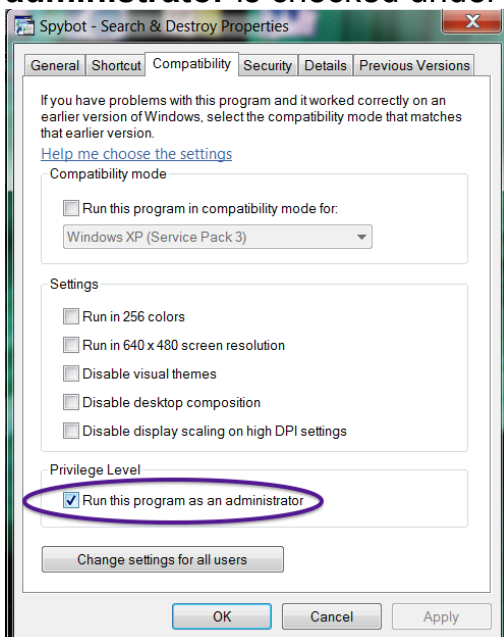
Once the scan is complete an **mbam log** will pop up and let you know if you have any problems. If you do, you will be prompted to restart your system.

If you had problems, once you have restarted, go to the **Quarantine** tab to see if there are any items, **Delete** all.

Next go to desktop and right click on **Spybot Search & Destroy** desktop shortcut. Go to **Properties**



and click the **Compatibility** tab, make sure the **Run this program as an administrator** is checked under **Privilege Level**



click **Apply** and **OK**. Open **Spybot** and Click **Check for problems**. Let it run and fix whatever comes up in the end.